



Phone (650) 282-4171
Fax (650) 282-4187
info@bayanesthesiagroup.com
www.bayanesthesiagroup.com

Instructions and Guidelines for Adult Patients

Please read the following instructions regarding your anesthesia care. Careful adherence to these instructions will allow us to provide the safest care as possible.

Required Steps

1. Fill out the Health History forms. This information allows us to develop a plan that is most appropriate for your needs. Even if you still have questions regarding anesthesia, we will be able to better answer your questions with this information. You should receive an email invitation from OnPatient to fill out the forms. Alternatively, the forms can be found under the 'Payments and Forms' tab on our website. It can be returned to your dental office or directly to us via email info@bayanesthesiagroup.com or fax (650) 282-4187. If you have already conducted a telephone interview with us, you may simply bring the form to your appointment.
2. Review the Consent for Treatment. You may choose to sign and return the form to us with your health history or you may sign on the day of treatment.
3. Complete the phone interview. We will conduct a telephone interview to confirm the appointment, review health history, financial arrangement, and pre-anesthesia instructions. It is imperative that we are able to conduct this phone interview prior to the day of treatment to ensure the patient's safety. If you have not received a phone call from us within two business days of setting up your appointment, please contact our office at (650) 282-4171.

Financial information

Upon satisfactory review of your health history, you will be directed to our website at <https://bayanesthesiagroup.com/forms-payment/> to submit a non-refundable \$500 deposit which will secure your scheduled appointment time. The remaining balance is due on the day of the procedure, and will be automatically charged to this same card, unless prior arrangements are made. By signing this document, you authorize Bay Anesthesia to submit payment to your credit card for any remaining balance due, on or after the date of service. Please contact our office for an estimate of the total anesthesia fee.

- Bay Anesthesia Group is a private, fee for service practice and does **NOT** accept insurance. Upon request, we can provide you with an itemized receipt and a copy of the anesthesia record, from the day of treatment, that you may submit directly to your insurance company for potential Out of Network reimbursement. We do not guarantee that you will receive reimbursement from your insurance company. Please contact your carrier directly, for any questions regarding your coverage, their payment policies, and reimbursement procedures.
- Additionally, I attest that I am not a TriCare patient or TriCare beneficiary.

Other important information

Please read the attached Pre-Anesthesia Instruction form and follow the instructions explicitly. Violation of any of these instructions or other specific instructions from your anesthesiologist may result in the cancellation of your appointment and forfeiture of your deposit.

Please arrive promptly the day of your procedure. We will be conducting a thorough physical examination and it is important we have enough time to complete this pre-anesthetic examination.



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PRE-ANESTHESIA INSTRUCTIONS FOR ADULT PATIENTS

We are here to provide a comfortable experience before, during and after your treatment. These instructions are designed with your safety and wellbeing in mind. Neglecting any of the following may lead to your case being postponed or cancelled. Please do not hesitate to contact us with any questions or concerns you may have.

Appointments Scheduled PRIOR to 2pm:

- Nothing to eat past Midnight the evening prior to the procedure
- Clear fluids (Water, Apple Juice, Sprite/7up, Ginger Ale, Light Colored Jello or Juice Popsicle) are permitted up to 2 hours prior to the procedure time

Appointments Scheduled AFTER 2pm:

- Light Meal up to 7 hours prior to the procedure time - No Meats permitted
- Clear fluids (Water, Apple Juice, Sprite/7up, Ginger Ale, Light Colored Jello or Juice Popsicle) are permitted up to 2 hours prior to the procedure time

Escort: All sedation and anesthesia patients must be accompanied to and from the appointment by a responsible adult. The responsible adult should remain in the office during the appointment unless authorized by the practitioner. For the safety of the patient, the responsible adult must remain in the designated waiting area during treatment time. Office staff will escort the responsible adult back to the treatment area once the anesthesiologist deems it is safe, to be present for recovery. Upon release, the patient must be driven home by the responsible adult (public transportation or cabs are not acceptable).

Clothing and makeup: Casual and comfortable clothing, with short sleeves, and in two pieces, is recommended for easier and more effective placement of monitors. Contact lenses must be removed before the appointment. Facial piercings should also be removed prior to the surgery. Do not wear fingernail polish or use moisturizer on your trunk and arms on the day of the appointment.

Change in health: A change in your health, especially the development of a cold or fever, is very important. For your safety, you may be re-appointed for another day. Please inform the doctor of any change in your health prior to your appointment.

After surgery and anesthesia, please be prepared to have a responsible adult caregiver for the remainder of the day. Rest at home and avoid driving, hazardous tasks, making any important decisions, and working for at least 24 hours.

Questions or concerns: call our office at (650) 282-4171. If your questions are regarding dental care or treatment, please contact your dentist directly.



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POST OPERATIVE INSTRUCTIONS FOR ADULT PATIENTS UNDERGOING GENERAL ANESTHESIA

Following these instructions will help ease your recovery following dental treatment under IV sedation/general anesthesia.

1. A responsible adult should drive you home and remain with you, under direct supervision, until you are fully alert.
2. It is normal to feel tired, forgetful, and groggy after anesthesia. Your judgment and mental acuity will be impaired. It is imperative that you do not drive a car or operate machinery while recovering from anesthesia, nor should you attempt to perform any strenuous work or activity. Relax for the remainder of the day.
3. After surgery, you may experience minor discomfort throughout the day. You may have bruising and tenderness at the site of the IV, or a scratchy throat. This is short-lived and should not cause alarm.
4. The local anesthesia (numbing medication) administered during your surgery normally lasts for 4-6 hours, and it is important to take measures to control the discomfort before it wears off.
5. Nausea and vomiting are common after surgery. To minimize symptoms, lie down, avoid dairy products, take narcotic medications (if prescribed) with small amounts of food, and drink clear liquids until resolution occurs.
6. Your diet should include clear liquids only for the first several hours after surgery (water, apple juice, ginger ale, Gatorade, etc.). Fluids are important to prevent dehydration. Your first meal should include soft foods (soup, Jell-o, mashed potatoes, etc.) in moderate quantities. Once this is tolerated, you may gradually advance your diet to solid foods. If you are diabetic, maintain your normal diet as much as possible, and follow your doctor's instructions regarding your insulin schedule.
7. Do not drink any alcoholic beverages for the remainder of the day.

Please call our office immediately at (650) 282-4171 if you develop any unexpected reactions. Call your anesthesiologist if your IV site becomes red and tender, if vomiting persists beyond 4 hours, if you develop a fever beyond 24 hours, or if any other matter related to your anesthesia causes concern.

Our doctor's 24 hour numbers are listed below. Please do not hesitate to call if you have any concerns.

Dr. Yen (408) 823-0944

Dr. Young (909) 538-9101

Dr. Cheung (415) 812-0503



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Confirmation of Receipt of Pre-Operative Instructions and Guidelines

I have thoroughly read the above pre-operative instructions, including the food and drink guidelines that must be adhered to in order to be seen on my scheduled day of treatment. I understand that these guidelines are imperative to my safety, and should they not be followed explicitly, Bay Anesthesia reserves the right to refuse anesthesia treatment and withhold my paid deposit.

Should I have any questions regarding this policy, I will contact Bay Anesthesia Group directly at (650) 282-4171.

Signature of parent/guardian